

24th October 2025

Forest School

It is Squirrels turn to take part in Forest School on:

Friday 7th November,

Friday 14th November,

Friday 21st November and

Friday 28th November.

To confirm your child's participation I would be grateful if you could please complete the online permission form on Scopay under Trips and Events by **ASAP**. Children can come into school wearing their Forest School clothing and **please pack a spare footwear option** for the children to change into when they come back into school.

What is Forest School?

Forest school is an approach to outdoor learning that aims to develop confidence and self-esteem through hands-on learning in woodland environments. Forest School is about enabling the development of the whole child, including emotional development, risk taking, self-confidence and self-esteem. It's hands-on, fun and inevitably messy!

What activities can it include?

Woodwork using tools e.g. making musical instruments, jewellery or decorative items, Natural art, fire lighting, using knots and lashings, shelter building, bug hunts, cooking.

Weather Information

Sessions take place regardless of the weather, although if it is particularly inclement activities will be adapted to ensure safety.

Clothing

Appropriate clothing is essential for all forest schools sessions. This is to ensure that children are not only protected against the elements but also reduce their chances of being bitten, bruised or knocked. Your child is likely to get muddy and dirty and it would be very helpful if you could let them know that this is ok.

Winter suggestions: Hat. Gloves. Vest/ long sleeve t-shirt. Jumper/ fleece. Waterproof coat. Waterproof trousers/ leggings/ joggers. Wellies/ walking boots/ old trainers. Warm socks. Thermals/ skins.

Summer suggestions: As above with fewer layers. Closed shoes. Sun cream.

What am I consenting to?

- I understand that I will need to provide appropriate clothing in order for them to take part.
- I understand that my child may have opportunities to work with tools and fire and I agree to this.
- Medical info: I confirm that the medical information the school holds is correct and up to date.
- Sun cream: I give permission for my child to have sun cream applied and that I will provide this.
- Ticks: I give permission for a qualified First Aider to remove ticks by the use of a tick tool if found on my child.

Kind Regards

Mrs Senior
Forest School Lead

Forest School policies and other related documents may be read on request.